NRHSAA BOYS AND GIRLS' SNOWBOARD (DOWN HILL RACING) 2024 - 2025

1. SEASON OF PLAY

SOSSA and OFSAA take place in February and March.

2. LEVELS OF COMPETITION

Shall be conducted in two (2) classifications: High School Division and Open Division.

The events to be conducted are Girls' Giant Slalom and Boys' Giant Slalom for both High School and Open divisions.

3. ELIGIBILITY

A school is entitled to enter an Open Men's team and an Open Women's team. A school may have up to ten (10) skiers race in each event. However, a team will consist of five (5) members with the score of three (3) members counting. The five (5) skiers on a team must be designated by the coach on the entry sheet. The team can be all boys; all girls; or mixed.

A school/team must conduct a 'bona fide' high school program consisting of a minimum of eight (8) school practice sessions (dry land and at least one (1) on-hill) and a minimum of three to five (3-5) athletes from November 1st until the OFSAA Festival under the supervision of a teacher as certified by the school principal. There must be on-hill training with the school team.

Athlete: The individuals' birth certificate indicates that he/she has not reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held.

Definition of team members:

High School Division – Participants are those snowboarders who are high school trained only.

Open Division – Participants are those snowboarders who, at any time since the age of 14, have had a Snowboard Ontario/Canada compete membership (or equivalent from another province or country). This would exclude those who have completed exclusively in slopestyle and half pipe competitions.

4. ELIGIBILITY SHEETS

Eligibility sheets must be received by the convener five (5) full school days before the first competition date.

Note: There are so few zone teams that these zone teams automatically advance to SOSSA.

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5. MEET AND CHAMPIONSHIP FORMAT

One (1) day meet featuring a combined two (2) run total time on a giant slalom course.

6. RULES

- Any skier who is disqualified from the first run will NOT be allowed to do a second run no
 exceptions.
- OFSAA regulations will be followed.
- If a student/athlete did not finish or did not start, this negates a skier from the event.
- Unsportsmanlike conduct negates a skier from competition that day.
- Review of the course by sideslip or snow plowing only.
- Pre-skiing of the course will result in an automatic disqualification (D.Q.).

7. UNIFORM AND EQUIPMENT

- Bib system will be used and visible at all times.
- Each skier will be assigned a number and must not change numbers or this will result in a DQ.
- All skiers must wear safety straps or ski brakes.
- All competitors must race in long sleeved tops and pants.
- CSA approved helmets are mandatory.
- No cameras or video devices are to be worn while on the race course. Any camera mounts or other attachments on a helmet mist be removed or securely taped over.

8. SCORING

Team scores will be calculated by adding the best three individual total scores for that team in Slalom **PLUS** the best three individual total scores in Giant Slalom;

Note: These scores will come from the five (5) skiers identified by the coach on the registration (entry) form.

9. GENERAL POLICIES

- Each coach shall take care of his/her own financial arrangements.
- Each team shall be accompanied by a coach all day.
- CSA approved helmets must be worn when racing.
- The convener has the right to remove any skier who is exhibiting poor behavior or sportsmanship or wearing inappropriate clothing.
- It is recommended that qualified First Aid personnel and equipment be available at the Meet but Coaches will provide all consumable medical supplies (i.e., Tape, bandages, etc.) for their student athletes.